



Skate Canada



AB|NT|NU



SANCTION #3079



TG LITTER & GOLD SPECTACULAR

SUNDAY APRIL 2, 2023

Hosted by the Thornccliffe Greenview Ice Skating Club

Thornccliffe Greenview Community Association - Forbes Innes Arena
5600 Centre Street North
Calgary, Alberta

EVENT INFORMATION

EVENT NAME

2023 Thorncliffe Greenview Glitter and Gold Spectacular
A CanSkate Element Event and Star 1-3 Interclub Competition

EVENT DATE

April 2, 2023

HOST CLUB NAME

Thorncliffe Greenview Ice Skating Club

INVITED CLUBS

Huntington Hills Skating Club, Calgary Winter Club, Crowfoot Skating Club, Crowchild Skating Club, & West Hillhurst Skating Club **registration may open up to other clubs space permitting.*

EVENT CHAIRS

Name: Melissa Butler & Sara Knowles
Email: competitions@tgiceskatingclub.com

HEAD JUDGE

Cathy Thoms

ARENA DETAILS

Name: Forbes Innes Arena located in the Thorncliffe Greenview Community Association
Address: 5600 Centre Street North, Calgary, Alberta
Ice Surface Dimensions: 185' x 85' hockey arena

REGISTRATION TIMES

Skaters must register at least one hour prior to their scheduled Category. Skaters must report to the Ice Captain 30 minutes prior to their scheduled category. 2 copies of music CD's must be registered.

SCHEDULE AND CANCELLATION OF EVENTS

The host club reserves the right to cancel events or limit the number of entries due to time constraints or ice availability. Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

WARM UP TIMES

Skate Canada has standardized warm up times for all events. Warm up times for all CanSkate events will be 3 minutes.

ACCIDENTS

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all skaters and their parents or guardians shall be deemed to agree to assume all risks or injuries to the skaters person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

REGISTRATION INFORMATION

CATEGORIES

The following Categories are to be held:

- CanSkate Elements
- CanSkate Program
- CanSkate Open Team Elements
- Star 1-3 Elements
- Star 1-3 Freeskate Programs
- Star 1-3 Creative Improv
- Star 1-3 Team Elements

Skaters entering multiple events do so with the understanding that there may be conflicts that cannot be resolved.

FEES

Individual Events: \$40 for first event, \$30 for each additional individual event

Team Event: \$40 (only one person per team needs to register and pay the fee online)

**Team name and list of skaters in each team will be needed at the time of registration.*

**Team event does not count as an additional event and will not be discounted.*

PAYMENT OPTIONS

Online: Visa/Mastercard

TO REGISTER please click on the link:

<https://www.tgiceskatingclub.com/pages/tg-glitter-and-gold-spectacular/>

ENTRIES

Entrants in Events shall be:

- Eligible persons as defined in Skate Canada Rule Book Section 2100
- Be Associate members in good standing of the Association. All event entries will be accepted only from skaters who are members of affiliated Skate Canada clubs.

CLOSING DATE OF ENTRIES

All entries must be registered online no later than **March 1, 2023 by 12pm MST**. It is the responsibility of the skater to ensure that their entry is in to the Host Committee Registration person by the closing date.

LATE ENTRIES

There will be absolutely no late entries accepted after the deadline. No exceptions.

WITHDRAWAL/REFUND OF ENTRY FEES

Entry fees shall be refunded only if the event is not held. Any changes or withdrawals may be requested **before** the closing date and will occur a fee of \$10. **No refunds will be made after the closing date (March 1) for any reason, including medical pulls. No exceptions.**

AWARDS

It is the responsibility of ALL skaters receiving an award to wear their skates and skating attire for the awards presentation. Awards will be ongoing all day long. Everyone goes home a winner!

PICTURES & VIDEOS

Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters. **NOTE:** You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.

CANSKATE CATEGORIES

All elements assessed to standard as per the CanSkate Manual. Skaters competing in Stage 4 & 5 Categories must wear a CSA approved helmet. The following categories are offered:

CanSkate ELEMENT EVENTS

Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters should register for the average level they are currently working on.

- **CanSkate Stage 4 Elements**
 - Forward Crossovers (CW or CCW - Skater's Choice)
 - Backward Stop
 - Backward 360° step turn (CW or CCW - skater's choice)
 - 2-ft jump Forward to Backward and Backward to Forward (CW or CCW - skater's choice)
- **CanSkate Stage 5 Elements**
 - Forward Figure 8 Crossovers
 - Forward 2-ft side stop (CW or CCW - skater's choice)
 - Forward Power Jump (bunny hop)
 - Forward 1 foot spin (any entry)
- **CanSkate Stage 6 Elements**
 - Forward Spiral (Curve or Straight Line)
 - Backward Figure 8 Crossovers
 - Rotating Power Jump (Waltz Jump)
 - Forward 1 foot spin with spiralling edge

CanSkate PROGRAM EVENTS

The program will be skated to 1:00 minute of music provided by the host club, and will be skated on ½ ice. Program requirements are listed below and assessed to standard as per the CanSkate Manual. Skaters will also be assessed on performance (carriage & projection). Connecting steps should be included, as well as beginning and ending poses.

- **CanSkate Stage 4 Program Elements**
 - Backward Stop
 - Backward 360° step turn (CW or CCW - skater's choice)
 - 2-ft jump Forward to Backward and Backward to Forward (CW or CCW - skater's choice)
- **CanSkate Stage 5 Program Elements**
 - Forward 2-ft side stop (CW or CCW - skater's choice)
 - Forward Power Jump (bunny hop)
 - Forward 1 foot spin (any entry)
- **CanSkate Stage 6 Program Elements**
 - Forward Spiral (Curve or Straight Line)
 - Rotating Power Jump (Waltz Jump)
 - Forward 1 foot spin with spiralling edge

CanSkate OPEN TEAM EVENT

Teams must be comprised of 2 to 4 skaters. Skaters may have passed 1 Star 1 Assessment but no higher. Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements. Skaters will be assessed to standard as per the CanSkate Manual.

- **CanSkate Open Team Elements**
 - Forward Lunge (drag)
 - Forward 1 Foot Side Stop
 - Backward 360 Two Foot Jump
 - Two foot or 1 foot spin (assessed to standard of stage 4 or 5 depending on spin chosen)

STARSKATE CATEGORIES

The following categories are offered:

StarSkate ELEMENT EVENTS

Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters must have passed Stage 6 CanSkate but must not have passed the complete Star 3 level of assessments. Skaters will be assessed to standard as per the Star 1-4 Event Standards for Assessment Guide

- **Star 1 Elements**
 - Salchow
 - Toe Loop
 - Backward Upright Spin
 - Forward Spiral Circles (CW or CCW - Skater's Choice)
- **Star 2 Elements**
 - Loop Jump
 - Waltz Jump+Toe Loop Combination
 - Backspin
 - Forward Spiral Sequence
- **Star 3 Elements**
 - Flip Jump
 - Loop+Loop Jump Combination
 - Combination Spin
 - Forward Spiral Sequence

Coaches please note this is not the same as traditional Star 1, only the 4 elements will be performed as they will have the opportunity to be creative in the creative event!

StarSkate FREESKATE PROGRAM EVENTS

Skaters must have passed Stage 6 CanSkate but must not have passed the complete Star 3 level of assessments. Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide*.

- **Star 1 Freeskate Program**
 - The program will be skated to 1:00 minute of music provided by the host club, and will be skated on ½ ice. Program requirements are listed below Skaters will also be assessed on performance (carriage & projection). Connecting steps should be included, as well as beginning and ending poses.
 - Any forward 1 foot upright spin
 - Any single rotation jump (Salchow or higher)
 - Any unsupported spiral
- **Star 2 Freeskate Program**
 - Will be performed on full ice. Skaters will perform their trained Star 2 solo as prescribed by the Skate Canada 2022-2023 Star Program Requirements.
- **Star 3 Freeskate Program**
 - Will be performed on full ice. Skaters will perform their trained Star 3 solo as prescribed by the Skate Canada 2022-2023 Star Program Requirements.

STARSKATE CATEGORIES

The following categories are offered:

StarSkate CREATIVE IMPROV

Creative Improv programs are offered in a singles format and are designed only by the skater with minimal preparation. There is no coaching permitted for these events. Designated volunteers will be responsible for each group to bring the skaters to and from the dressing room to the ice. All the skaters in a given flight for an event are presented with a pre-selected piece of music prior to the warm-up. All skaters in the flight for that event will perform to the same musical selection. Skaters will listen to the music twice off-ice in a designated area (i.e. dressing room) and twice on-ice during the 4 min warm-up period.

- **Star 1 Creative Improv**
 - Designed for skaters working on Star 1 Assessments
 - Skaters will use half ice with 45 seconds of music to be performed to.
- **Star 2 Creative Improv**
 - Designed for skaters working on Star 2 Assessments
 - Skaters will use half ice with 45 seconds of music to be performed to.
- **Star 3 Creative Improv**
 - Designed for skaters working on Star 3 Assessments
 - Skaters will use full ice with 45 seconds of music to be performed to.

StarSkate TEAM EVENT

Teams must be comprised of 2 to 4 skaters. At least 50% of the team must have passed two Star Assessments at the entered level. Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements. Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide*

- **Star 1 Team Elements**
 - Crossover Circles (CW or CCW - Skater's Choice)
 - Waltz Jump
 - Forward Upright Spin
 - Forward Inside C-Step Sequence
- **Star 2 Team Elements**
 - Loop Jump
 - Waltz Jump+Toe Loop Combination
 - Backspin
 - Forward Spiral Sequence
- **Star 3 Team Elements**
 - Flip Jump
 - Loop+Loop Jump Combination
 - Combination Spin
 - Forward Spiral Sequence