

It's more than just skating!

Skaters enrolled in CompetitiveSkate learn a variety of life skills as they progress up the competitive ladder. These include goal setting, focus, ability to deal with success/failure, time management and principles of fair play and sportsmanship. In addition to the life skill benefits, skaters in this program receive:

- Access to provincial and national funding programs (as applicable).
- The opportunity to be selected to Skate Canada's National Team.
- The opportunity to compete at Skate Canada Sectionals, Skate Canada Challenge, and/or the Canadian Figure Skating Championships.
- Opportunity and potential to be selected to represent Canada internationally.
- Access to sport science services.

The Qualifying Event Structure

There are several opportunities throughout the season for skaters to participate in competitive events.

The Skate Canada CompetitiveSkate Program offers nationally standardized competitions to competitive skaters. These events are the steppingstones to things such as the National Team and the World and Olympic teams. Skaters competing in the qualifying event structure can do so at the Juvenile (optional category), Pre-Novice, Novice, Junior and Senior levels in singles, pair and ice dance.



Where do I go from here?

There are a number of options once a skater decides that the Competitive Program may not be the Program for them. Skaters may choose to enter Skate Canada's STARSkate Program or participate on a Synchronized Skating team. Others who are leaving the Competitive Program to pursue other interests may be interested in becoming coaches, evaluators, judges, technical specialist, technical controller or data specialists. Others may choose to participate on a varsity skating team (if offered)

Questions?

Email: registrar@tgiceskatingclub.com

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See Our Website for Details & Registration

www.tgiceskatingclub.com



Forbes Innes Arena
5600 Centre Street North

Figure Skating Program Information





Skills Tests Achievement Recognition

This is what STARSKate is all about!

STARSKate offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. Unique in Canada, this program teaches figure skating skills in a group and/or private lesson format in a progressive and sequential manner and includes specifically designed awards and incentives. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. Skaters who have mastered figure skating skills in STARSKate may also choose to pursue synchronized skating or pairs skating.



How STARSKate works

The STARSKate program consists of figure skating skills in four areas – Skating Skills, Ice Dance, Free Skate and Interpretive. Each area is divided into the following levels: Junior, Primary, Intermediate, Senior

The STARSKate Legacy!

STARSKate has been the mainstay of figure skating in Canada for more than four decades.

When you/your child registers for a STARSKate program at your local Skate Canada club, you also become a member of Skate Canada and will have access to:

- Opportunities to be recognized through a nationally standardized testing system for achieving specific figure skating skills.
- Complimentary Gold Test pins.
- Invitational and interclub competitions, including the STARSKate championship stream.
- Specifically designed awards and incentives such as badges, tattoos and stickers.
- STARSKate Skater of the Year awards program.
- Progress updates and report cards
- Special STARSKate events and club functions.
- Opportunity to be talent-scouted.
- Opportunity for personal growth and the development of important life skills such as goal setting, self-discipline, confidence, time management, healthy lifestyle and coping strategies to deal with success and failure.

These are some of the awards and incentives that have been developed to encourage athletes in the STARSKate Program.

What Options do I have as a STARSKate Athlete?

Once a skater is in the Skate Canada STARSKate Program, there are several options. Skaters may choose to remain in the STARSKate Program, taking tests (although not mandatory) at organized test sessions and honing learned skills. Skaters may also choose to enter competitions, while still trying Skate Canada tests. Other skaters may feel that they have progressed to a point where they may wish to enter the Skate Canada CompetitiveSkate Program or become involved in synchronized skating, evaluating or judging, or participate as an a



COMPETITIVESKATE

Skaters who wish to challenge their figure skating skills and who show potential as competitive skaters can participate in the CompetitiveSkate program.

What is CompetitiveSkate?

CompetitiveSkate is a program for skaters in singles, pair and ice dance wishing to compete in qualifying events within Skate Canada. Many skaters who compete in the qualifying event structure also take tests in Skate Canada's STARSKate Program or participate on synchronized skating teams. The only events that you may not be able to compete in are club, and STARSKate events, some which restrict entry of skaters who have competed in the qualifying event system.