

# \*TGISC 2020/2021 WEEKLY SCHEDULE

\*SEE THE LIST OF IMPORTANT DATES ON WEBSITE FOR ANY CHANGES TO THIS SCHEDULE

Monday	Tues	Wed	Sat
<b>AM</b>			
6:15-7:45 Prelim/Int A & B/Sr		6:15-7:45 Prelim/Int A & B/Sr	8:00-9:00 Sr 9:00-10:00 Jr/Prelim/Int A & B 10:00 FLOOD 10:15-11:00 Int A & B/Sr 11:00-11:45 CanSkate 11:15-11:45 PreCanSkate
			8:00-8:45 Jr/Prelim/Int A & B off-ice (old lobby) 9:15-10:00 Sr off-ice (old lobby) 11:00-11:45 PA's on ice
<b>PM</b>			
	3:45-4:00 Int A/Sr Warmup		3:45-4:00 Int A/Sr Warmup
	4:15-5:30 Int A/Sr	4:15-5:15 Int A/Sr	4:45-5:00 Jr/Prelim/Int B Warmup
	5:30-6:15 Jr/Prelim/Int B	5:15-6:15 Jr/Prelim/Int B	5:30-6:15 Int A/Sr Off-ice
	6:15-7:00 CanSkate	6:15-7:00 CanSkate	6:30-7:15 Jr/Prelim/Int B
	6:30-7:00 PreCanSkate	6:30-7:00 PreCanSkate	Off-ice

CanSkate/PreCanSkate  
Figure Skating  
Figure Skating off-ice

Off-ice conditioning sessions are included in the fees for the skating day(s) you register for  
PA's - program assistants with coach permission

Figure skating pick-up ice or off-ice: \$20/hr if space available (confirm with coaches in advance)  
Exact cash only is accepted for pickup ice/off-ice. Put cash in a sealed envelope with your skaters first/last name, date, and labelled "Pick-Up Ice or Off-Ice". Give to the coach.